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Original Article

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Evaluation Of Bond Strength Between Modified Ridge Lap Surface Of Acrylic Teeth & Pmma Denture Base Resin - An In Vitro Study

Abstract

Background: In dentures, acrylic teeth are preferred to porcelain teeth as they unite chemically with denture base resin but their fracture from denture is common. Many researchers have attempted to improve the bond strength of denture teeth to acrylic resin denture base by chemical or mechanical modification of the ridge lap surface of denture teeth.

Aim: This study was carried out to determine whether certain modifications of teeth would improve the bond strength between the artificial cross-linked acrylic resin teeth and denture base.

Materials and Method: A total of 100 artificial cross-linked acrylic resin central incisors were divided into 5 groups - Group A (Control group), Group B (Roughened using sandpaper), Group C (Vertical grooves), Group D (Diatoric recess) and Group E (Monomer application). They were mounted on wax blocks and the blocks acrylized. The bond strength values were obtained by subjecting the samples to shear compressive load under Universal Testing Machine.

Statistical analysis used: Analysis of Variance and Post Hoc Tukey HSD tests (for multiple comparisons)

Results: Significantly improved bond strength values were obtained in modified groups as compared to the control group.

Conclusion: Monomer application provided with the highest bond strength and is recommended to prevent debonding of the teeth from the denture base.

Key Words

Bond strength; Polymethylmethacrylate; Ridge lap surface; Diatoric recess

Introduction

Teeth are the best measure of individuality of a person. Teeth used in Materials and method the fabrication of dentures should demonstrate optimum physical and mechanical properties to withstand rigorous demands of masticatory functions such as chewing, biting, shearing of food and simultaneously superior esthetics particularly in the anterior region of the mouth. Acrylic resin (PMMA) and porcelain teeth are the most commonly used ones. But the fracture of acrylic resin teeth from a maxillary denture, is not uncommon especially the teeth in the anterior region[1],[2].Over the years, many researchers have attempted to improve the bond strength of denture teeth to an acrylic resin denture base, either by chemical treatment or by mechanical modification of the ridge lap portion of **II. Preparation of ridge lap surfaces of** the denture tooth. However, the results have been mixed and conflicting. This study was carried out to determine whether certain modifications to the ridge lap surface of the teeth would improve the bond strength between the artificial cross linked acrylic resin teeth

and denture bases.

The method used in the study was divided into the following steps -

I. Fabrication of triangular wax blocks for arranging acrylic resin teeth

A triangular wax block having each side 3.5 cm and length of 4.5 cm with 600 angulation was fabricated using modelling wax (Rolex Modelling Wax No. 2, Ashoo Sons, Delhi) and checked using graph paper (Fig. 1). Its impression was made in polyvinyl siloxane putty material (3M ESPE AG, Seefeld Germany) to standardize the size of wax blocks and similar blocks were fabricated by pouring molten wax in the polyvinyl siloxane mould.



Fig. 1 Wax block



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hundred central incisors

100 cross-linked acrylic resin central incisors (Acryrock, Ruthinium Dental Products Pvt. Ltd., Gujarat) of same mould were taken and divided into 5 groups, 20 in each group

Group A: Teeth without any modification to the ridge lap surface (control group) (Fig. 2).



Fig. 2 Unmodified surface



Fig. 3 Ridge lap surface roughened by sandpapering



Fig. 4 Ridge lap surface modified by vertical grooves



Fig. 5 Ridge lap surface modified by diatoric recess



Fig. 6 Ridge lap surface modified by monomer application



Fig. 7 Triangle with angulations on graph paper

Group B: The glazed ridge lap surfaces of teeth were roughened using sandpaper (No. 120 - John Oakey and Mohan Ltd., Ghaziabad) (**Fig. 3**). 23 cm long and 2cm wide strips of sandpaper were cut and ten strokes along the entire length of strip were given on the ridge lap surface of each tooth. A single strip of sandpaper was used for each tooth.

Group C: Teeth modified by preparing two vertical grooves labiopalatally on the ridge lap surfaces. The grooves were prepared using straight fissure bur no. 557 (S.S. White, Inc., New Jersey), which were 1mm in depth and 1mm in width (**Fig. 4**).

Group D: Teeth modified by preparing a diatoric recess on the ridge lap surfaces with a round bur no. 6 (S.S. White, Inc., New Jersey),2 mm in diameter (**Fig. 5**).

Group E: Teeth were kept as such and monomer application (Trevalon Heat Cure Polymethyl methacrylate resin, Dentsply India Pvt. Ltd., Gurgaon)was done with a brush just before packing the resin (**Fig. 6**).

The position of vertical grooves and diatoric recess was standardized using an acrylic mould on which the teeth could be mounted. The teeth were also stabilized in the same mould while modifying the ridge lap surfaces.

III. Arrangement of teeth on triangular wax blocks

On a graph paper, an equilateral triangle of dimensions 3.5 cm was drawn and lines were drawn on both sides of the triangle at an angle of 1300 (**Fig. 7**). This was done to standardize the position and angulation of the teeth on the wax blocks. Ten teeth were arranged on each block (5 on each side) at an angle of 1300 with the help of graph paper (**Fig. 8**). This angulation was chosen to simulate the average angle of contact between maxillary and mandibular teeth in Class I occlusion. Teeth of different groups were placed on different wax blocks.

IV. Processing of wax blocks

Triangular wax blocks with teeth were processed in varsity pattern dental flask, following standard procedure according to manufacturer's instructions about ratio and manipulation of Trevalon Heat Cure Polymethyl methacrylate resin (Dentsply India Pvt. Ltd., Gurgaon). Acrylic blocks with mounted teeth were then finished, rechecked on graph paper and stored in water (**Fig. 9**).



Fig. 8 Wax block with mounted teeth



Fig. 9 Finished acrylic block after deflasking



Fig. 10 Testing in Universal Testing Machine

V. Measurement of bond strength

The acrylic wax blocks were stabilized in a fixture so that no movement occurred during load application and subjected to Instron Universal Testing Machine (**Fig. 10**). Force was applied by a 1.5 mm diameter stainless steel pin at a crosshead speed of 5 mm/min until detachment of teeth occurred.

Results

The readings were subjected to statistical analysis by applying Analysis of Variance and Post Hoc Tukey HSD tests (for multiple comparisons) and graphs were plotted. The samples modified by monomer application showed the highest mean debonding force of 0.8875 KN followed by vertical grooves (0.7035 KN), diatoric recess (0.6040 KN) and sandpapered group (0.4940 KN). All the mechanical modifications as well as monomer application showed an improvement in bond strength over the control group (0.4045 KN) (**Table 1 and Graph 1**). On applying one way Analysis

Table 1 : Bond Strength (Mean \pm S	Sd) Values
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	Group	Ν	Range	$\text{Mean} \pm \text{SD}$	Sem			
	A	20	0.310 - 0.500	0.4045 ± 0.0587	0.0131			
	В	20	0.400 - 0.580	0.4940 ± 0.0546	0.0122			
	C	20	0.630 - 0.840	0.7035 ± 0.0573	0.0128			
	D	20	0.500 - 0.680	0.6040 ± 0.0528	0.0118			
	E	20	0.770 – 1.030	0.8875 ± 0.0700	0.0156			
SD: Standard Deviation, SEm: Standard Error of Mean								



Graph 1 : Mean Shear Compressive Load In Different Groups

Table 2 : One Way Anova (Analysis Of Variance)								
Source of variance	Sum of Squares	Df	Mean Square	F	p Value			
Between Groups	2.822	4	0.705	202.544	< 0.001*			
Within Groups	0.331	95	0.003					
Total	3.153	99						
* n < 0.001: Significant								

of Variance, a statistically significant difference was seen between the strength with different ridge lap modifications of the samples within groups and between groups i.e. p < 0.001 (Table 2).

Discussion

Harold Vernon first introduced the use of methyl methacrylate in the form of a powder and liquid to be used as a denture base in the 1930's[3].Debonding of denture teeth from a denture base has remained a major problem in prosthodontic practice. Studies that have evaluated the frequency of various denture repairs have found tooth debonding/fracture to be the most frequentin both complete and partial dentures followed by the midline fracture of complete dentures[4], [5]. The lack of adequate bonding is believed to be the result incompatible surface conditions at the tooth/base interface. This incompatibility is brought about by two factors - contamination of the surfaces particularly by wax and possibly by sodium alginate as separating medium and the difference in the structure of the two components due to their different processing[6].

Sandpapered group showed higher bond strength values as compared to the control group. The improvement in bond strength on grinding was also reported by various authors[7],[8],[9],[10],[11],[12]. Contradictory results were obtained by some authors[13],[14].

Vertical grooves showed higher values than control group, surface roughened group and with diatoric recess. Similar results were obtained by some others[15]. No improvement in bond strength on grooving was obtained in some studies[16].

Group with diatoric on the ridge lap 8. Caswell CW, Norling BK. surface showed higher bond strength values as compared to the control group and surface roughened group. A diatoric significantly decreased the failure load in one type of resin but actually decreased it in another resin. The improvement in bond strength by placement of diatorics 9. Amin WL. Improving bonding of was also reported by some others[17],[18].

Monomer modified group showed highest bond strength as compared to control group as well as other modified groups. Similar results were also obtained by some authors[19], [20], [21], [22].

Conclusion And Summary

Modification of the ridge lap surface of maxillary anterior teeth by monomer application or mechanical modification is hence recommended to enhance their bond strength to the denture bases. Monomer application is the easiest method and also provides the highest bond strength values without any extra cost and time.Further in vivo studies on various methods to increase the bond strength of teeth and denture bases should be carried out.

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