

In vivo effectiveness of Laser Fluorescence compared to Visual Inspection and Intraoral Camera for detection of Occlusal caries.

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Abstract

Objective : The aim of this study was to compare, and evaluate the efficacy of different diagnostic aids for diagnosis of occlusal caries.

Material & methods: Occlusal surfaces of 100 primary and permanent molars were examined using the four diagnostic systems (visual, intraoral camera, DIAGNOdent). These results were compared with operative intervention gold standard. Sensitivity was calculated for each diagnostic system for both enamel and dentine caries. Inter rater agreement were calculated for each diagnostic system using kappa statistics.

Main outcome measures: Sensitivity and Inter rater agreement kappa for each diagnostic system.

Results: For both enamel and dentine caries the highest sensitivity values were provided by DIAGNOdent (0.91 & 0.72). The DIAGNOdent gave the highest value of kappa for inter-rater agreement i.e. 0.816. While intercomparing kappa value between three diagnostic test it was found that the value of kappa is highest between DIAGNOdent and intraoral camera (dry) i.e. 0.667.

Conclusion: It was concluded that DIAGNOdent could be used as an effective and reliable tool in the detection of occlusal caries in deciduous teeth and its good reproducibility should enable the laser device to monitor the caries process over time.

Key words

Occlusal Lesion. DIAGNOdent. Visual Inspection. Intraoral Camera

INTRODUCTION

Caries, because of its uniqueness as a disease, its ubiquitous nature, and its stubborn resistance to resolution remains as one of man's most common, oldest, and singly costliest ailment. The total health handicap due to dental caries is staggering and has become a dichotomous disease especially in children. With an age of specialization and compartmentalization of knowledge there has been a decline in prevalence of caries but it still remains a vestigial remnant of bygone time. The reduction in caries prevalence has not occurred uniformly for all dental surfaces. With the advancement in oral hygiene awareness and preventive measures there is decline in prevalence of smooth surface caries. But despite of increased understanding of disease process & the availability of effective intervention, many lesions involving occlusal fissures, still progress to the stage where tooth surface is compromised and invasive intervention and restoration are required because of complex invaginated anatomy and minute dimensions of fissures. [Rohr et al., 1991; Wang et al., 1994; Hannigan et al., 2000] Accurate and reliable diagnosis of non-cavitated occlusal caries is important because these lesions can be arrested at an early stage by preventive measures and if not diagnosed can lead to unnecessary loss of tooth structure. For several decades the accepted

method for detection of caries had been visual examination. "Seeing is believing" was the approach adopted by Europeans as diagnostic aid which was modified by C.F. MAURY in 19th century with invention of mouth mirror.³ This combination of visual examination and probing were the mainstay of occlusal caries diagnosis for years because it is acquired easily, requires no special maintenance other than sharpening & does not require additional training, extra time, and special sterilization procedures. Fraction⁴. That is why visual examination has been used as a diagnostic method in this study. Unfortunately vision alone as a diagnostic tool may leave much to be desired. This realization, coupled with the observation that the use of the dental explorer in the historical manner resulted in an unacceptably high proportion of false-positive diagnoses on occlusal surfaces, and transfer of cariogenic micro-organisms from one site to another [Loesche et al., 1979]⁵ indicate that use of visual examination was of limited value for the detection of occlusal caries. Therefore, to complement traditional visual examination use of aided visual examination i.e. with intraoral camera for diagnosis of caries is done in this study, to enhance the reproducibility and efficacy of visual examination. Intraoral camera is a feasible alternative to a visual oral examination for caries screening as it gives a magnified view (x10) and large range of viewing angles. [Ekstrand et al.,

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But these do not enhance detection of initial occlusal caries lesions in enamel of either permanent or deciduous teeth [Flaitz et al., 1986; Nyttun et al., 1992; Ketley and Holt, 1993]. 7,8

Tools based on fluorescence were introduced to overcome this problem. Laser fluorescence (LF) seems to be promising for the detection and quantification of caries lesions on occlusal surface [Hibst and Gall, 1998; Shi et al., 2000; Sheehy et al., 2001]9. Carious lesion scatters the reflected light more than that of sound enamel. (Angmar –Mansson and Ten Bosch, 1987, Backer-Dirks,1966; Neilson and Pitts,1991; Angmar –Mansson et al ,1996)10 Based on this Hibst and Gall (1998) found that red light induced fluorescence (655nm) could reveal considerable contrast between sound and carious tooth tissue and introduced DIAGNOdent (Hibst et al 2001) 11. Fluorescence was found to be more intense in carious tissue (140 relative fluorescence intensity) as compared with sound tissue (20 relative fluorescence intensity). Hence, due to its good reproducibility and validity DIAGNOdent has been proved as a valuable adjunct in early detection of caries. Therefore, in the present study DIAGNOdent is used for early detection and quantification of occlusal caries.

The importance of early detection of caries activity is emphasized by the fact that an incipient carious lesion which are amenable to remineralization can be arrested, reversed or restored with minimal invasion13 Therefore, the aim of this study was to assess the validity and reproducibility of three different methods (visual examination, visual examination with intraoral camera, DIAGNOdent) for early detection of occlusal carious lesions

MATERIALS AND METHODS

Subject Selection

The sample consisted of 48 children ranging between 5-14 years of age with enamel and / or dentine caries The Ethics Committee in D.J.College of Dental Sciences & Research, Modinagar approved the study before the start. Consent was taken from the patients. Inclusion criteria for teeth in this study were the apparent absence of occlusal restorations and fissure sealants, absence of hypoplastic pits, advanced degree of fluorosis, frank occlusal cavitation and large carious lesions on smooth and approximal surfaces.

A total of 100 sites were selected from 48 children which comprise 36 1st deciduous molar, 30 2nd deciduous molar & 34 permanent first molar.(flowchart1). After oral prophylaxis careful cleaning of the occlusal surfaces with rotating bristle brush and water, was done.

EXAMINATION METHODS:

Sterilization of instruments

Instruments used in the study were autoclaved for 45 minutes in hot air autoclave or cold sterilization accordingly.

Visual examination

Visual inspection was performed with patients positioned in a dental chair, with the aid of a light reflector, air/water spray and plane buccal mirror using the criteria shown in table 1 [Ekstrand et al., 1997]. Visual examination was done both on wet surface and after drying with compressed air and isolation with sterilized cotton rolls. This was done because transition from sound enamel (enamel translucency) to opacity which is visible after or without air-drying is an indicator of caries initiation, and transition from opacity visible after air-drying to opacity without air-drying is an indication of caries progression (Thylstrup and co-workers,1996).

INTRAORAL CAMERA

Diagnosis with intraoral camera (Miura) was also done both on wet surface and after isolation with sterilized cotton rolls. The carious lesion was examined under standard dental operating light with mouth mirror and intraoral camera using television, which shows the magnified images (10X) of the tooth examined with intraoral camera. They were scored using the criteria shown in table 1. Intraoral camera act as an enhancement aid to improve the reproducibility of visual examination

DIAGNODENT

The DIAGNOdent (KAVO, Birbeck Germany) measurements were conducted in accordance with the operating manual after drying the tooth for 10 second. Prior to use the instrument was calibrated in accordance with the manufacturer's instructions and recalibrated for each examination session of approximately 25 teeth. The angle of the tip was rotated and scanned over the area of interest on the tooth surface to record the peak value which could range from 0 (sound) to 99 (caries). The readings of peak value were then recorded according to the criteria given by Lussi et al (1999) (Table 2).

OPERATIVE INTERVENTION

(Pit and fissure opening)

Operative intervention was done after interpretation of values of all three diagnostic methods.. Out of 100 teeth examined, 8 teeth had a visual score 0 and 1 (Ekstrand criteria) and DIAGNOdent value less than 15(Lussi criteria) thus indicating that no caries was present. Thus, out of 100 teeth 92 occlusal carious molars were opened with a airrotor handpiece. Penetration depth of carious lesion was estimated visually using WHO periodontal probe. The greatest extent of caries was classified according to the following score given by Ekstrand et al, 2001(Table No. 3). The restoration of carious teeth was done according to carious lesion In the teeth having caries up to outer 1/3rd of enamel enameloplasty was done. All teeth having depth greater than 1/3rd of enamel were restored with glass ionomer cement (N100 3MESPE)

STATISTICAL ANALYSES

The data was statistically analyzed to test the validity separately for lesion in enamel and dentine in terms of sensitivity (proportion of carious lesion identified correctly).The inter-rater agreement (Kappa) was observed for all four modalities to evaluate agreement of diagnostic modalities with respect to operative intervention.and Inter-comparison between all four diagnostic methods were done by using kappa statistics.

RESULTS :

After operative intervention was used as a gold standard it was found that out of 100 teeth, 8 had no caries (score 0), 20 teeth had enamel caries (score 2), 72 had caries extending up to dentine (score 2) according to Ekstrand criteria

While observing visual examination on wet surface with respect to operative intervention out of 100 cases visual examination (wet) correlated 100% score 0, while it correlated only 44.4% with score 1 i.e. it gave 28 true positive results and 27 true negative results. The correlation between visual examination and operative intervention score 2 is only 5.4% i.e. it gave only 2 true positive result and 35 true negative results. (Graph 1)

While comparing visual examination on dry surface with respect to operative intervention out of 100 cases visual examination (dry) correlated 100% with score 0, while it correlated only 48.4% with score 1 The correlation between visual examination and operative intervention score 2 is only 8.4% (Graph 1)

While observing intraoral camera on wet surface with respect to operative intervention out of 100 cases intraoral camera (wet) correlated 25% with score 0 i.e. gave 2 true positive results and 6 false positive results, while it correlated 82.8% with score 1 i.e. it gave 48 true positive results and 7 false positive results. The correlation between intraoral camera and operative intervention score 2 is 100% i.e. it gave 37 true positive results. (Graph 2)

While comparing intraoral camera and operative intervention on dry surface out of 100 cases intraoral camera (dry) correlated 40% with operative intervention score 0 while it correlated 84.8% with score 1 and for score 2 is 100% i.e. it gave 37 true positive results. (Graph 2)

While observing DIAGNOdent with respect to operative intervention out of 100 cases DIAGNOdent correlated 100% with operative intervention score 0 i.e. gave 8 true positive results, while it correlated 80.8% with score 1 i.e. it gave 44 true positive results, 8 true negative results and 3 false positive results. The correlation between DIAGNOdent and operative intervention score 2 is 100% i.e. it gave 37 true positive results. (Graph 3)

For enamel caries the sensitivity was found to be highest for DIAGNOdent i.e. 0.91 & lowest for visual examination (wet) i.e. 0.6087. For dentine caries the sensitivity was found to be highest for DIAGNOdent i.e. 0.72 & lowest for visual examination i.e. 0.50

Thus, it was observed that out of the four methods, DIAGNOdent is more sensitive in detecting enamel and dentine caries.

The inter-rater agreement (Kappa) was observed for all three modalities to evaluate agreement of diagnostic. While observing measurement of kappa for all four test the value of kappa is highest for DIAGNOdent i.e. 0.816 which signifies almost perfect agreement with operative intervention according to Landis and Koch interpretation results (1977) and is lowest for visual examination (wet) i.e. 0.03 which denotes slight agreement with operative intervention (graph 4). Thus, the results reveal that DIAGNOdent is a better diagnostic modality than other modalities used in the present study with respect to operative intervention.

INTERCOMPARISON BETWEEN METHODS.

While intercomparing kappa value between diagnostic test it was found that the value of kappa is highest between DIAGNOdent and intraoral camera (dry) i.e. 0.667 which signifies substantial agreement between DIAGNOdent and intraoral camera (dry) and is lowest between visual examination (wet) and intraoral camera i.e. 0 which signifies no agreement between visual examination (wet) and intraoral camera according to Landis & Koch criteria. (Table 5)

DISCUSSION .

For both clinical and epidemiological studies, it is a fundamental premise that diagnostic methods exist which may provide consistent and standardized expressions of the condition in question. This premise places emphasis on the issue of reproducibility and validity of the diagnostic methods available [Nyvad et al., 1999]. The present investigation has demonstrated that the DIAGNOdent device is capable of obtaining high sensitivity on the occlusal sites of deciduous teeth with macroscopically intact surfaces. The performance was similar to that found in a recently published in vitro study in deciduous teeth [Attrill and Ashley, 2001] as well as in in vitro and in vivo studies in permanent teeth [Lussi et al., 1999, 2001; Shi et al., 2000].

An ideal diagnostic method should offer, among other characteristics, high sensitivity. Normally, a very high specificity is obtained at the expense of reduced sensitivity. Likewise, an increase in sensitivity will be accompanied by a decrease in specificity (increase in the false-positive diagnosis). Considering that a rise in the false-positive proportion can be dangerous as it can lead to overtreatment, a technique that offers high specificity even at the expense of a slight reduction in sensitivity seems to be more appropriate [Downer, 1989]. In this study, for all diagnostic methods higher values sensitivity was found to be for DIAGNOdent i.e. 0.91 & lowest for visual examination (wet) i.e. 0.6087. A possible explanation for less efficacy and validity of visual examination in the present study can be attributed to the fact dental caries is a dynamic process, in which early lesion may undergo demineralization before being expressed clinically, thus missed visually.

Among the examination methods used in this study, the DIAGNOdent device was found to have the highest sensitivity for lesions into enamel and dentin. DIAGNOdent seems to be promising for the detection and quantification of caries lesions on occlusal [Hibst and Gall, 1998; Shi et al., 2000; Sheehy et al., 2001]. In 1998, a laser-based diagnostic system was developed using a diode laser as light source and a photodiode combined with a long-pass filter as detector [Hibst, 1999]. The teeth are illuminated by laser light ($\lambda = 655 \text{ nm}$), which is absorbed by the tooth substance. Some of this light is reemitted as near-infrared fluorescent light, and changes in the tooth substance that are associated with progression of the caries process are reflected in an increase in the amount of fluorescent light [Angmar-Månsson and ten Bosch, 1987].

When evaluating a diagnostic method it is very important to test whether it provides a reliable and minimal diagnostic variability between measurements to assure consistency and reproducibility along time. While observing measurement of kappa for all three test the value of kappa is highest for DIAGNOdent i.e. 0.816 which signifies almost perfect agreement with operative intervention according to Landis and Koch interpretation results (1977) and is lowest for visual examination (wet) i.e. 0.03 which denotes slight agreement with operative intervention. Thus, the results reveal that DIAGNOdent is a better diagnostic modality than other modalities used in the present study. This should allow the device to be used for longitudinal monitoring of caries and thus, also, for assessing the outcome of preventive interventions.

In conclusion, this study clearly demonstrated that DIAGNOdent was the most accurate and valid system tested for the detection of occlusal caries. It has the advantage of quantifying the mineral content, helping to improve the diagnostic efficacy and treatment and accurate assessment of fissures where the visual examination alone is not adequate, thus complementing the traditional dental examination. Hence, DIAGNOdent being a modern, noninvasive, sensitive and easier method is an improvement on the currently available methods for detection of initial caries.

LEGENDS

- Table 1 . Criteria used in visual examination (Ekstrand et al, 1998)
- Table 2 . Criteria used in examination with DIAGNOdent (Lussi et al, 1999)
- Table 3 . Criteria used in examination after Pit & Fissure opening (Ekstrand et al, 2001)
- Table 4 : Sensitivity and Specificity of each diagnostic method for Enamel and Dentine caries.
- Table 5 : Inter-comparison values of kappa statistics of four diagnostic test

Table 1 . Criteria used in visual examination (Ekstrand et al, 1998)

Score	Criteria
V0	No or slight change in enamel translucency after prolonged air drying (≥ 5s)
V1	Opacity hardly visible on the wet surface, but distinctly visible after drying.
V2	Opacity distinctly visible without air drying
V3	Localised enamel breakdown in opaque or discoloured enamel and/or grey discoloration from the underlying dentine.
V4	Cavitation in opaque or discoloured enamel exposing the dentine

Table 2 . Criteria used in examination with DIAGNOdent (Lussi et al, 1999)

Score	Criteria
0-14	No caries
15-20	Enamel caries
21-99	Dentinal caries .

Table 3 . Criteria used in examination after Pit & Fissure opening (Ekstrand et al, 2001)

Score	Criteria
0-14	No caries
15-20	Enamel caries
21-99	Dentinal caries .

Diagnostic method0	Enamel Caries	Enamel Caries
Visual examination	Sensitivity	Sensitivity
Wet	0.60	0.50
Dry	0.65	0.57
Intraoral camera		
Wet	0.75	0.63
Dry	0.81	0.66
DIAGNOdent	0.91	0.72
DIAGNOdent with dye	0.71	0.61

Table 4 : Sensitivity of each diagnostic method for Enamel and Dentine caries.

Diagnostic Test	Measure of Agreement Kappa
VE : VEd	0.472
VE : IC	-0.146
VE : DIAG	0.135
VEd : IC	-0.165
VE d: DIAG	0.154
IC : ICd	0.623
IC : DIAG	0.553
ICd : DIAG	0.667

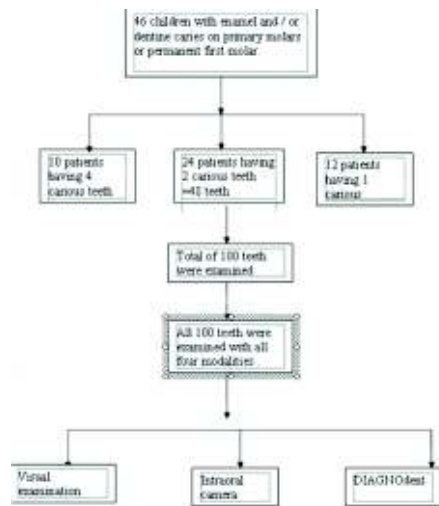
Table 5 : Inter-comparison values of kappa statistics of four diagnostic test

VE: Visual Examination (wet)
 VEd: Visual Examination (dry)
 IC: Intraoral Camera (wet)
 ICd: Intraoral Camera (dry)
 DIAG: DIAGNOdent

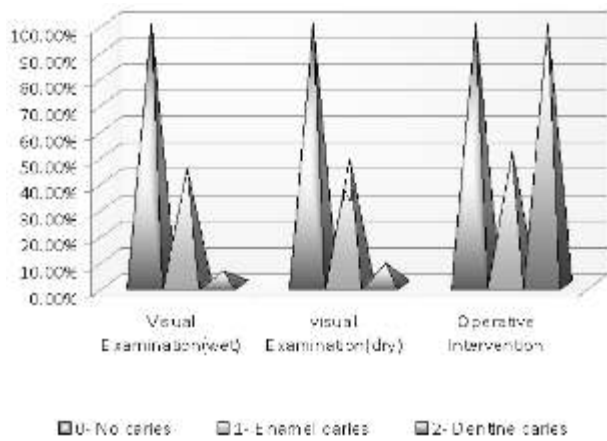
Illustrations:

Flowchart 1: Division of Sample
 Graph 1 : The comparison Visual Examination and Operative Intervention.
 Graph 2 : The comparison Intraoral camera and Operative Intervention
 Graph 3 :The comparison DIAGNOdent and Operative Intervention

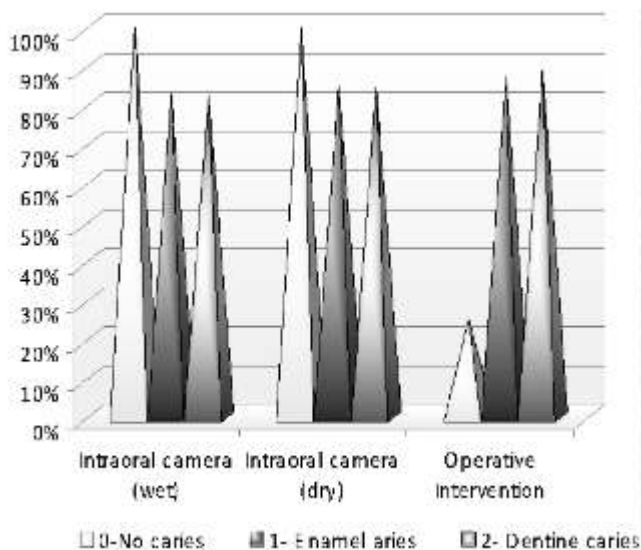
Graph 4 : The comparison of kappa of all test



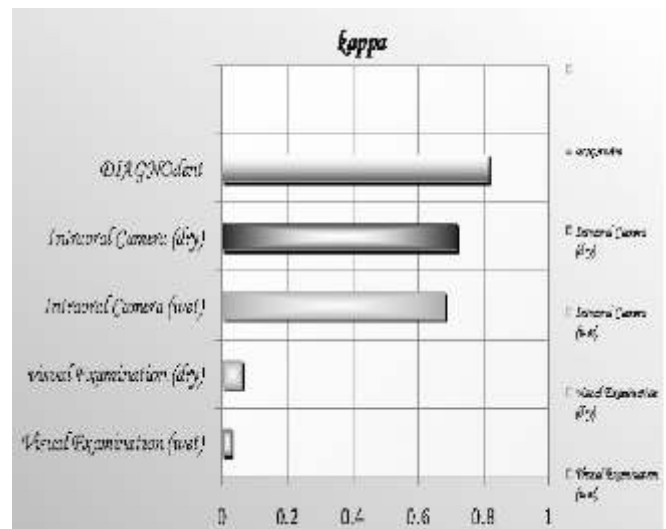
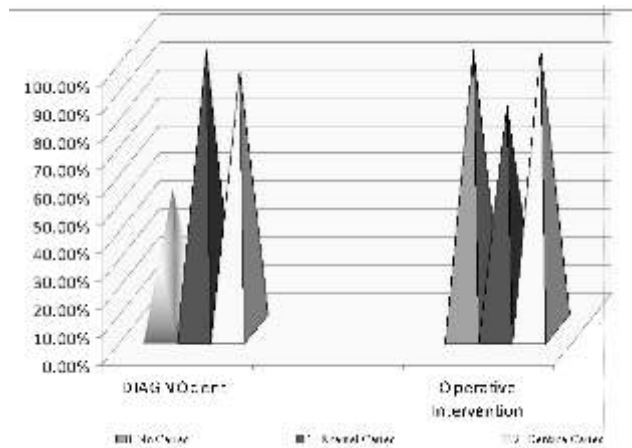
Graph 1 : The comparison Visual Examination and Operative Intervention.



GRAPH 2
GRAPH 3



GRAPH 4



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