## Norms For Antero-posterior Assessment Of J aw Relationship (^6; Angle) For North Indian Population

## Abstract

Purpose of basic cephalometric analysis is to characterize or to describe the pertinent features of the individual and to establish a classification system through the division of values into specific quantities. Cephalometric analysis can be employed to describe, compare, classify and to communicate the nature of Orthodontic and Orthopedic problems. Generally used parameters for antero-posterior measurement of jaw relationships are ANB angle and Wits appraisal. ANB angle depends on the cranial landmarks and is affected by various factors and often be misleading. The Wits appraisal does not depend on cranial landmarks but still has the problem of correctly identifying the functional occlusion plane, which can sometimes be impossible. To overcome these problems a new measurement BETA angle was developed at Tuffs University. The present study was carried out in the Dep't of Orthodontics, MMCDSR to derive the beta angle norms for the North Indian population. Lateral Cephalogram were selected from available patient's records and the sample was divided into three groups based on ANB angle, Wits appraisal and profile. The norms of beta angle was between $26^{\circ}$ and $37.5^{\circ}$ for skeletal class I pattern, $<26^{\circ}$ for skeletal class II pattern and $>37.5^{\circ}$ for skeletal class III pattern.

## Key Words

Cephalometry, ANB angle, Wits appraisal, BETA angle

## Introduction

The symbiosis of the electronic and communication era and the information technology has broadened the scope of knowledge of the profession. Cephalometry has gained prominence as the diagnostic / treatment planning tool not only of the Orthodontist but also by maxillofacial and plastic surgeons. Quantification thus provides a reliable communication tools as day by day interactions between various specialities increases. Cephalometric analysis can be employed to describe, compare, classify and to communicate the nature of Orthodontic and Orthopedic problems.
An accurate anteroposterior measurement of jaw relationships is critically important in orthodontic diagnosis and treatment planning. The angular and linear measurements that have been proposed can be inaccurate because of their dependency on various factors ${ }^{[1]}$. Science of Cephalometrics is a dynamic study, there's always space for developing new techniques and new ways. The beginning of Cephalometrics might best be ascribed to J.A.W. Van Loon of Utrecht, Holland. He described a technique concerned with relating the teeth to the rest of the face ${ }^{[2]}$. Such methods showed the true picture of the
stereoscopic significance of the patient's malocclusion.
Generally used parameters for anteroposterior assessment of jaw relationships are
ANB angle and Wits appraisal. ${ }^{[3]}$ Several authors give some shortcoming of ANB angle ${ }^{[4],[5],[6],[7],[8]}$ and Wits appraisal. ${ }^{[9]}$ Because of the limitation and drawbacks a new measurement BETA angle ${ }^{[10]}$ was developed by Chong Yol Baik and Maria Verveidou(2004) at Tufts University. The Beta angle is a new measurement for assessing the skeletal discrepancy between the maxilla and the mandible in the sagittal plane.
It uses 3 skeletal landmark- point A, point $B$, and the apparent axis of the condyle (C)-to measure an angle that indicates the severity and the type of skeletal dysplasia in the sagittal dimension.

The Beta angle can be found by, first, locating 3 points:

- A point (subspinale)-the deepest midline point on the premaxillae between the ANS and prosthion (described by Downs ${ }^{[11]}$ ).
- B point (supramentale)-the most posterior point in the concavity between infradentale and pogonion
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(described by Downs).
- The center of the condyle, found by tracing the head of the condyle and approximating its center ( C ).


## Next, defining 3 lines:

1. Line connecting the center of the condyle $C$ with $B$ point (C-B line).
2. Line connecting $A$ and $B$ points.
3. Line from point A perpendicular to the C-B line.

Angle is constructed by the line connecting the center of condyle C with point $B$, Line connecting the points $A$ and $B$ and Line from point A perpendicular to the line C-B. Angle between the perpendicular line and the A-B line, is known as BETAANGLE ${ }^{[10]}$.(Fig 1)

## Material And Methods

This study was conducted in the Department of Orthodontics and Dentofacial Orthopedics, MM College of Dental Sciences \& Research. MM University, Mullana, Haryana, India.
The sample comprising of 150 cephalogram was selected from available


Fig 1: Measurement Of Beta Angle

|  | Skeletal |  | Females | SANB | Wits | Facial Profile |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | pattern |  |  |  |  |  |
| Group 1 ( $\mathrm{N}=50$ ) | Class I | 29 | 21 | 10-30 | 0.3 mm | Class I / Straight |
| Group 11 ( $\mathrm{N}=50$ ) | Class II | 31 | 19 | $>40$ | > 1mm | Class II / Convex |
| Group 111 ( $\mathrm{N}=50$ | Class III | 21 | 29 | <10 | <-4mm | Class III / Concave |



Graph 1: Gender Based Division Of The Subjects
patient's records at Department.All patients selected were between the ages of 9 and 15 years, and had never undergone orthodontic treatment.

The sample was divided into three groups comprising of 50 cephalogram each based on ANB angle, Wits appraisal and profile. (Table I) (Graph I)

- Group 1- comprising of 50 cephalogram with class I Skeletal pattern. Where in ANB angle was 10 30 , Wits appraisal was 0 to 3 mm and pleasant facial profile.(Fig 2)


Fig 2: Beta Angle Traced For Group I.


Fig 3: Beta Angle Traced For Group III
Table II: One way ANOVA

| Source of | Sum of | Degrees of | Mean Square | $F$ | Significance |
| :--- | :--- | :--- | :--- | :--- | :--- |
| variation | Squares | freedom |  |  |  |
| Between Groups | 2722.226 | 2 | 1361.113 |  | 0.000 |
| Within Groups | 1022.509 | 133 | 7.688 |  | S |
| Total | 3744.735 | 135 |  | 177.043 | $\mathrm{P}<0.05$ |

Conclusion: As $p$-value is less than 0.05 significant variations is found in all the three types of groups.

| Table III : Beta angle \& Standard Deviation |  |  |
| :--- | :---: | :---: |
|  Beta Angle S.D <br> Skeletal Class I $33.22^{\circ}$ $2.53^{\circ}$ <br> Skeletal Class II $23.19^{\circ}$ $2.26^{\circ}$ <br> Skeletal Class III $41.16^{\circ}$ $2.89^{\circ}$ |  |  |



Graph II: Beta Angle \& Standard Deviation

- Group 2 - comprising of 50 cephalogram with class II Skeletal pattern. Where in ANB angle was more than 40, Wits appraisal was more than 1 mm and convex or class II facial profile.
- Group 3 - comprising of 50 cephalogram with class III Skeletal pattern. Where in ANB angle was Less than or equal to 10 , Wits appraisal was less than or equal to 4 mm and concave or class III facial profile.(Fig 3).
Beta angle was hand traced and measured for each Group each sample. Three readings were made and their mean taken as final reading. All the Recorded data was then subjected to statistical
analysis.(Table II)


## Statistical Analysis \& Results

Thus beta angle was between $26^{\circ}$ and $37.5^{\circ}$ for skeletal class I pattern, $<26^{\circ}$ for skeletal class II pattern and $>37.5^{\circ}$ for skeletal class III pattern. (Table III) (Graph II)

## Discussion

Moyers et al. ${ }^{[12]}$ in their article clearly stated that any cephalometric analysis based on either angular or linear measurements has obvious shortcomings. Till now the most popularly used parameter for assessing the sagittal jaw relationship is ANB angle.It has been demonstrated in the literature ${ }^{[11],[3],[4],[5],[6],[7],[8],[13]}$ that there is often a difference between the interpretation of this angle and the actual discrepancy between the apical bases. Several authors ${ }^{[4],[14],[15],[16]}$ have shown that the position of nasion is not fixed during growth, and any displacement of nasion will directly affect the ANB angle. ${ }^{[17]}$ Furthermore, rotation of the jaws by either growth or orthodontic treatment can also change the ANB reading. ${ }^{[1]}$ Studies ${ }^{[33][4],[5],[6][[7],[8]}$ have pointed that the ANB angle had several shortcoming as the position of Nasion is not fixed during growth, and any displacement of Nasion will directly affect the ANB angle ${ }^{[7]}$. To overcome these shortcomings an alternative was proposed i.e. the Wits appraisal. ${ }^{[1]}$ It does not depend on cranial landmarks but still has the problem of correctly identifying the functional occlusal plane, which can sometimes be nearly impossible. Accurate identification of occlusal plane is not always easy or reproducible ${ }^{[13]}$, especially in mixed dentition patients or patients with open bite, multiple impactions, missing teeth, skeletal asymmetries, or deep curve of spee. Any change in the angulation of the functional occlusion plane, caused either by normal development of dentition or orthodontic intervention, can profoundly influence the wits appraisal. ${ }^{[14]}$
To overcome these problems a new measurement BETA angle was developed by Chong Yol Baik and Maria Verveidou ${ }^{[10]}$ (2004) at Tufts University for Greece population. They have shown that the Beta angle remains relatively stable when jaws are rotated.(Fig 3) Moreover if there is discrepancy in locating the point that falls in circle


Fig 4: Affect Of J aw Opening On Beta Angle.
between lines 1 and 3, beta angle is affected by less than $1^{\circ}(\mathbf{F i g} 4)$ which has negligible effect. Their study for Greek population established that for skeletal Class I pattern Beta angle was between $27^{\circ}-35^{\circ}$ and less than $27^{\circ}$ is for skeletal class II pattern, Whereas more than $35^{\circ}$ is for skeletal class III pattern.
According to Coon ${ }^{[18]}$, Greeks belong to the Caucasian race and are a blend of "racial" subtypes, the most important of which are the Atlanto-Mediterranean and the Alpine.
Their norms are apt for Caucasian population and as we know there is distinct difference between Indian population as they bear close reference to Afro-Asian race so the Caucasian norms may not correctly applicable for Indian population. This study established norms the norms for beta angle for the North Indian population and the results in this study showed beta angle between $26^{\circ}$ and $37.5^{\circ}$ in skeletal class I pattern, less than $26^{\circ}$ in skeletal class II pattern whereas more than $37.5^{\circ}$ in skeletal class III pattern.

## Conclusion

Beta angle between $26^{\circ}$ and $37.5^{\circ}$ have skeletal class I pattern; Beta angle less than $26^{\circ}$ indicates a class II skeletal pattern and a Beta angle more than $37.5^{\circ}$


Fig 5: Affect Of Location Of Point C On Beta Angle.
indicates a class III skeletal pattern for North Indian population. (Table III) (Graph II)
Clinicians should in addition use Beta angle as the Beta angle enriches the current cephalometric tools available to the clinicians and enables better diagnosis and treatment planning for patients.

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