

Stem Cell Applications In Denistry And Medicine

Abstract

While the regeneration of a lost tissue is known to mankind for several years, it is only in the recent past that research on regenerative medicine/dentistry has gained momentum. Initial existence from pioneering studies has documented the likely breakthrough that stem cells offer for various life threatening diseases that have so far defeated modern medicine care. This review takes you on a sojourn of origin of stem cells, their properties, characteristics, current research and their potential applications.

Key Words

Stem cells, Multipotent, Embryonic stem cells

Introduction

Stem cells are unspecialized cells with an extraordinary ability to self-renew, capable of differentiating into one or more specialized cell type playing a crucial role in hemostasis and tissue repair. When called into action following injury.

Stem cells

(Cells division)

Stem cell + progenitor cells (intermediate cell type)

Differentiating cells

Types Of Stem Cells

1. Embryonic stem cells (ESCs)
 - Derived from embryos that are 2-11 days old called blastocysts.
 - Are totipotent cells
 - Have the highest potential to regenerate are repair^[1]

ESCs are not so far used therapeutically as- owing to the belief that the process of extraction of stem cells from an embryo destroys the embryo itself and some view this as taking life so, raising ethical and moral concerns. It is difficult to control the growth and differentiation of embryonic stem cell posing risk of tumourogenicity and teratoma formation.

2. Advent Stem Cells
 - Are multipotent

- Are found in most adventtissues.

They are of two types:

- i. Hemopoetic Stem Cells (HSCs) - are obtained either from cord blood or peripheral blood.
- ii. Mesenchymal Stem Cells (MSCs) - are obtained from mesodermal layer of fetus and in advent from bone marrow, dermal stem cells, etc.

Characteristics of Stem Cells

1. Totipotency: generate all types of cells including germ cells (ESCs)
2. Pluripotency: generate all types of cells except cells of the embryonic membrane.
3. Multipotency: differentiate into more than one mature cell (MSC)
4. Self-renewal: divide without differentiation and create everlasting supply.
5. Plasticity: MSCs have plasticity and can undergo differentiation. The trigger for plasticity is stressing of tissue injury which upregulates the stem cells and releases chemoattractants and growth factors.

Source Of Stem Cells

1. Bone Marrow Stem Cells- The most commonly known procedure involving stem cells is the bone marrow transplant. Bone marrow transplants are used for the treatment of diabetes, crohn's disease, bone defects or cartilage injury.^[2]
2. Cord Blood Stem Cells- Obtained

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from umbilical cord blood. Used to treat blood relates diseases. In treatment of leukemia, myocardial infarction, diabetes mellitus and neurological disorders.^[3]

3. Adipose Tissue Stem Cells- MSCs can be isolated from adipose tissue obtained from liposuction aspirates or abdominoplasty procedures and are being studied for repairing tissue defects resulting from traumatic injury, tumor resection and congenital defects, calvarial defects following severe head injury and in dentistry for repair of jaw bone.^{[4],[5]}
4. Embryonic Stem Cells- In 1998 scientists derived cells from frozen human embryos to generate human embryonic stem cells for the first time.^[6]
5. Dental Stem Cells- A new source of readily available MSCs-teeth-was discovered in 2000 by scientists at the NIH stem cells can be collected from
 - Deciduous teeth when they naturally exfoliate between 6-11 years.
 - From teeth that are surgically

removed such as premolars for orthodontic.

- Extraction of 3rd molars.

Niches Of Dental Stem Cells

Dental stem cells reside in multiple niches of deciduous and permanent teeth.

- a. From dental follicle of unerupted 3rd molar (DFCs).
- b. Stem cells from human exfoliated deciduous teeth (SHED).
- c. Periodontal ligament stem cells (PDLSC)
- d. Stem cells from apical papilla (SCAP)

Clinical Applications For Dental Stem Cells

Alveolar bone regeneration: Defects of at least 1.5 cm in the alveolar ridge of 17 humans were filled with a construct of stem cells collected from third molars and seeded onto a collagen matrix. One year later in many cases, the gap was filled with bone^[7].

Periodontal ligament: Due to the complex structure of the periodontium. Its complete regeneration has always remained a challenge. All the current regenerative techniques such as autologous bone grafts, allografts or alloplastic materials have limitations and cannot be used in all clinical situations. Therefore, a cell mediated bone regeneration technique will be a viable therapeutic alternative. Periodontal ligament cells cultured in vitro were successfully reimplanted into periodontal defects in order to promote periodontal regeneration by Hasegaura et al^[8].

Regeneration of damaged coronal dentin and pulp- To this date, no restorative material has been able to mimic all physical and mechanical properties of tooth tissue. Furthermore, we have not been successful in providing an ideal solution to certain situations such as an immature tooth with extensive coronal destruction and reversible pulpitis. If the regeneration of tooth tissue is possible in these situations, it facilitates physiological dentin deposition that forms an integral part of the tooth thereby restoring structural integrity, minimizing interfacial failure, microleakage, and other consequent complications. Similarly, young permanent teeth that require apexogenesis or apexification are perfect candidates for regeneration of

pulp as they allow completion of both vertical and lateral root development, improving the long term prognosis. However, pulp regeneration in fully formed teeth may not be of great benefit, although there is sufficient evidence to say that a restored vital tooth serves longer than a root canal treated one.

Pulp tissue regeneration involves either delivery of autologous/allogenic stem cells into the root canals or implantation of pulp that is grown in the lab, using stem cells. Both these techniques will have certain advantage and limitations that need further research^{[9],[10],[11]}.

Third Dentition (Bioengineered Teeth)

A method has been developed to regenerate tooth buds in a single procedure by combining dental pulp and bone marrow on a scaffold and implanting this into surgically created defects. After a number of months, the construct led to organized dentin, enamel, pulp, cementum and periodontal ligament surrounded by regenerated alveolar bone, suggesting a method that could translate directly to humans^[12].

Application In Medicine:

- A. CORNEA- Based upon similarities of human dental stem cells with limbal cells in the eye, human dental stem cells were used to successfully treat an animal model for cornea damage by chemical burn^[13].
- B. LIVER DISEASE- Stem cells from third molars were differentiated into hepatocytes in cell culture and in an animal. Model of liver disease, they prevented liver fibrosis and increased levels of albumin and bilirubin^[14].
- C. MYOCARDIAL INFARCTION (HEART ATTACK) - Human dental stem cells injected intramyocardially into a rat model of acute myocardial infarction showed an increase in angiogenesis, improvement in cardiac function, and a reduction in infarct size^[15].
- D. MUSCULAR DYSTROPHY - Animal studies have been done on the golden retriever for treating muscular dystrophy.
- E. DIABETES - Dental stem cells have been shown to produce insulin^[16] and to modulate the immune system by suppressing T-cells response in laboratory and animal testing^{[17],[18]}.
- F. STROKE - Neuronal stem cells from human third molars were used to treat

a rat model of middle cerebral artery exclusion^[19].

- G. SPINAL CORD INJURY AND OTHER NEUROLOGICAL DISEASES/DISORDERS - Neurons have been generated from dental stem cells^[20], including from PDLSC^[21], DPSC^[22], DFSC^[23], and SHED^[24].

Summary:

Research has shown that teeth are a source of high quality stem cells that may be used for the treatment of medical and dental diseases. The discovery that odontogenic tissues are a source of adult stem cells has opened up a new role for dentist in the field of medicine. Dentists are positioned to become one of the key providers of stem cells, and as a result, their linkage with the medical field will become very intimate.

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